

Year 1 Suggested Weekly Timetable

	Session 1 20 mins	Session 2 45 mins	Session 3 45 mins	Wellbeing 30 mins	Session 4 40 mins	Reading 20 mins	Session 5 40 mins
Day one	Phonics – Phonicsplay.co.uk	English Oak Academy	B Maths White Rose	Exercise	L Topic grid choice	Reading	French https://www.andrewsendowed.co.uk/home-learning/la-page-francaise/
Day two	Phonics – Booklet	English Oak Academy	R Maths White Rose	Exercise	U Topic grid choice	Reading	PSHE https://classroom.thenational.academy/units/healthy-isnt-a-goal-its-a-lifestyle-4f16
Day three	Phonics – BBC bite size	English Oak Academy	E Maths White Rose	Exercise	N Topic grid choice	Reading	Music https://www.bbc.co.uk/teach/en-pieces
Day four	Phonics – Booklet	English Oak Academy	A Maths White Rose	Exercise	C Topic grid choice	Reading	Science https://www.bbc.co.uk/bitesize/articles/z9df6g8
Day five	Phonics - alpha blocks	English Oak Academy	K Maths White Rose	Exercise	H Topic Grid Choice	Reading	RE https://www.youtube.com/watch?v=KxLir3p9z8U